



# Armed Forces College of Medicine

## AFCM



# Mycobacteria

# Intended Learning Objectives (ILOs)

By the end of this lecture the student will be able to:

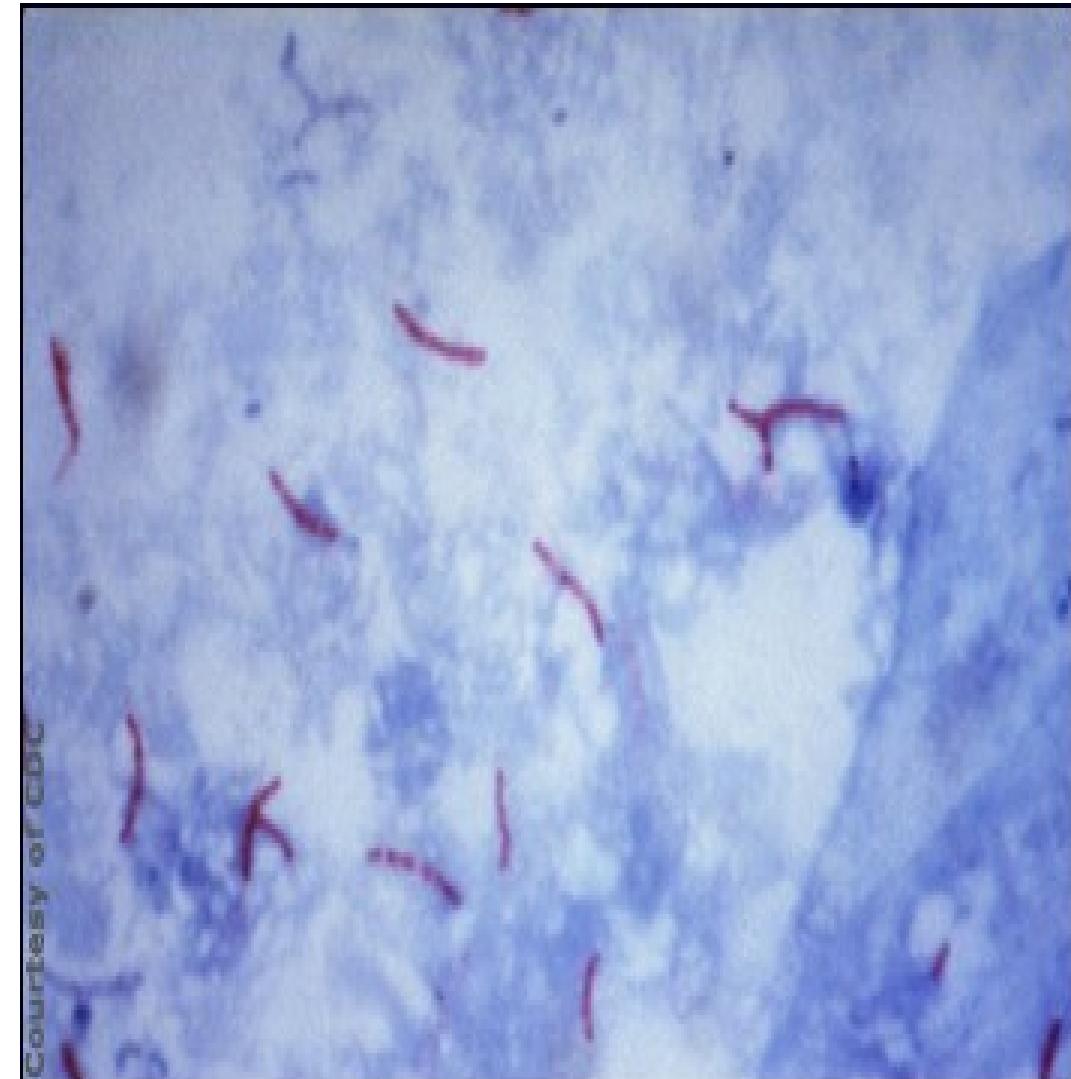
- Describe pathogenesis & clinical manifestations of pulmonary TB
- Outline the laboratory diagnosis of T.B.





# Mycobacteria

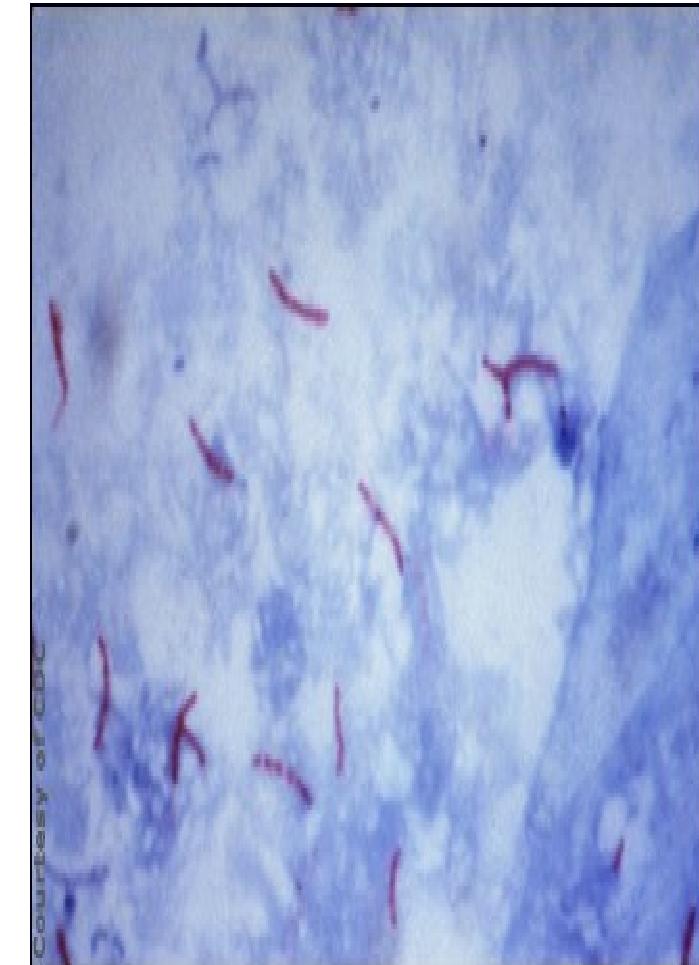
Mycobacteria are **aerobic** bacilli that have an unusual cell wall, resulting in the inability to be Gram-stained.





# Mycobacteria

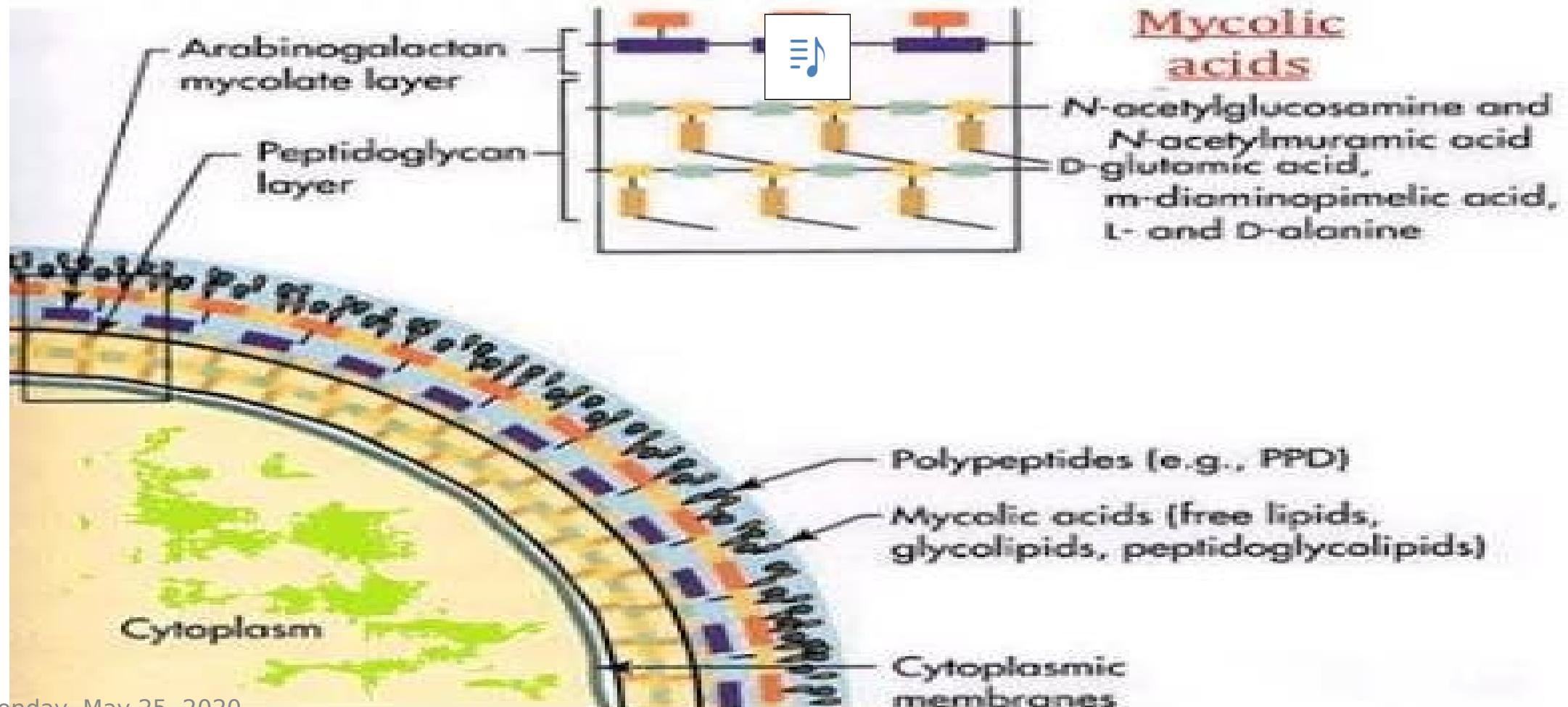
These bacteria are **ACID FAST** because they resist decolorization with acid/ alcohol after being stained with carbol fuchsin. This is due to the high concentration of lipids, **mycolic acids**, in their cell wall



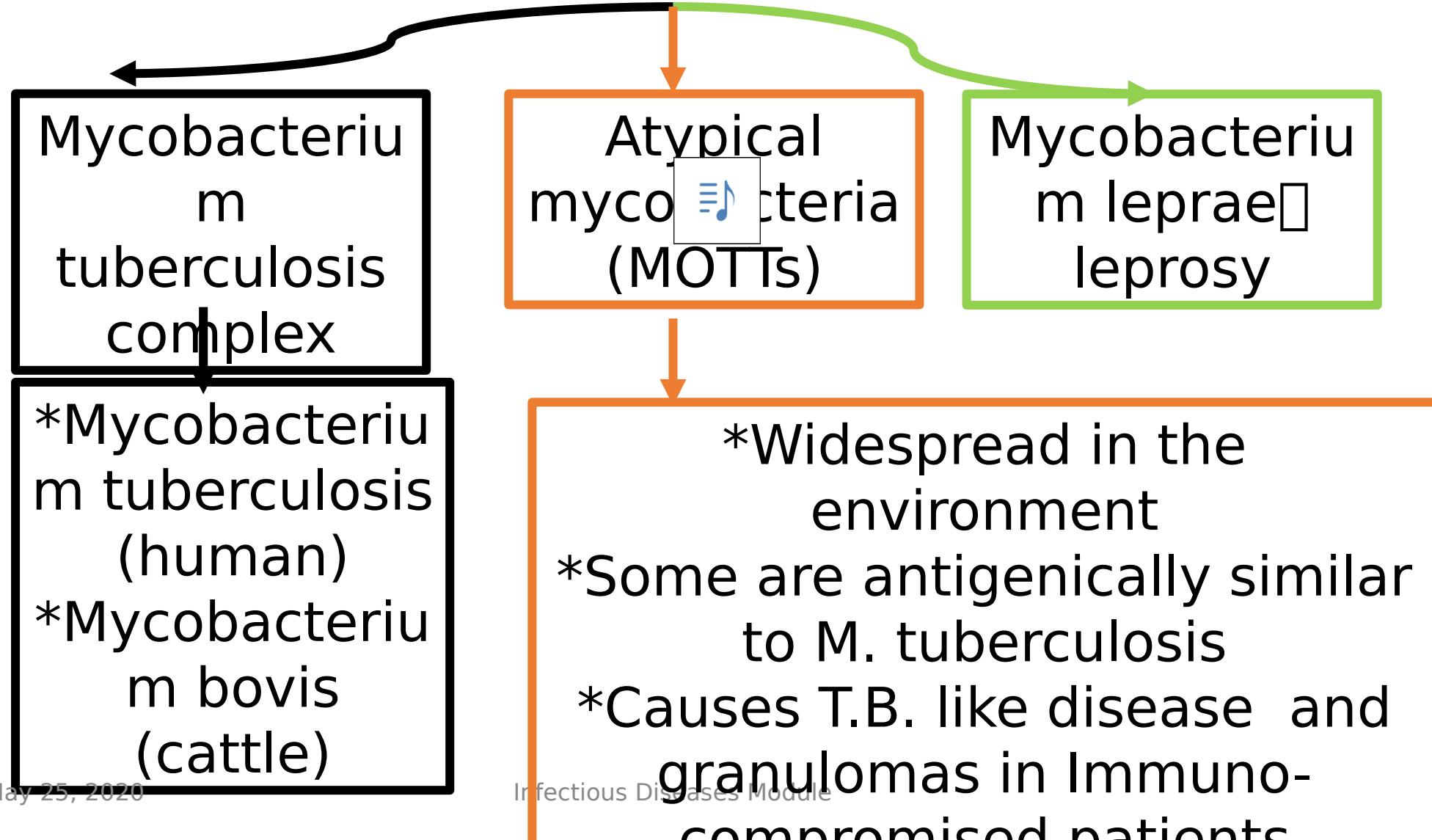
# Cell wall of Mycobacteria



## Lipid-Rich Cell Wall of Mycobacterium



# Members of Mycobacteria



# *Mycobacterium tuberculosis*- Disease



- This organism causes tuberculosis.
- Worldwide, *M. tuberculosis* causes more **deaths** than any other single microbial agent.
- One-third of the world's population is infected with this organism



# *Mycobacterium tuberculosis*- Properties



- *M. tuberculosis* is an **obligate aerobe** disease in highly oxygenated tissues (upper lobe of the lung and the kidney)
- Non motile non-capsulated and non-spore forming



# *Mycobacterium tuberculosis*- Properties



- Resistant to dehydration → survives in dried expectorated sputum

• Grows slowly



Cultures incubated for 6  
to 8 weeks before  
recording as negative

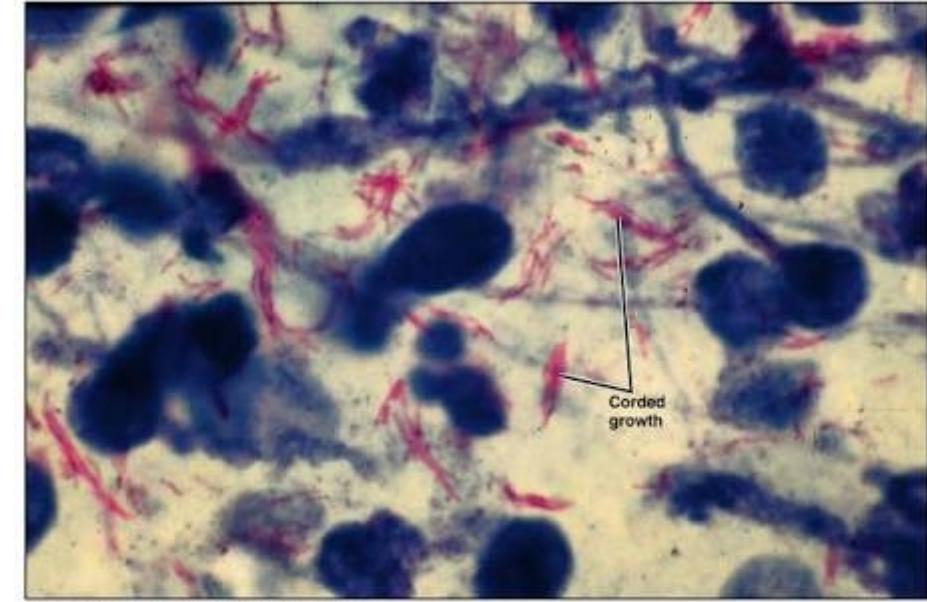
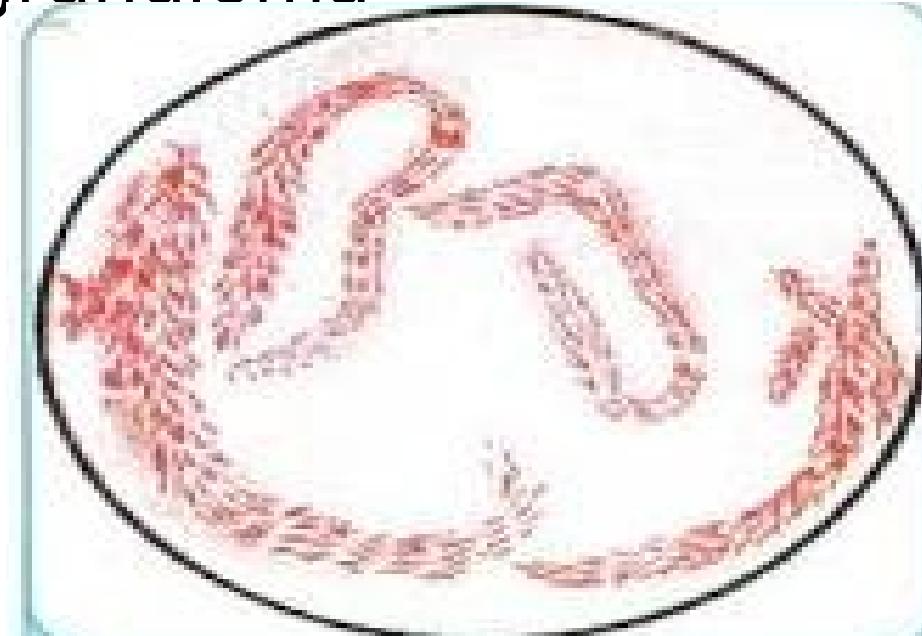


Prolonged  
course of TTT

# *Mycobacterium tuberculosis*- Virulence factors



1- Cord factor (glycolipid): Virulent strains grow in a characteristic “serpentine” cordlike pattern, as the bacilli stick together [toxic to leukocytes+ antichemotactic+ development of granuloma]





# *Mycobacterium tuberculosis*- Virulence factors

2- Several antigenic proteins elicit hypersensitivity reactions

3- Mycolic acid: inhibits formation of phagolysosome in macrophage → **INTRACELLULAR SURVIVAL.**

4- Metabolically inactive: difficult to kill by antibiotics



5- Antibiotic resistance: acquired by chromosomal gene mutation.

# *Mycobacterium tuberculosis*- Transmission



## *Mycobacterium tuberculosis*

- Person to person by respiratory AEROSOLS (mostly from smear positive patients) □ Lung □ reside in MQ.
- Humans are natural reservoir

## *Mycobacterium bovis*

- Ingestion of unpasteurized milk from infected cows □ intestinal tuberculosis



Risk factors: immune suppression, poor housing, poor nutrition

# Pathogenesis



**S**

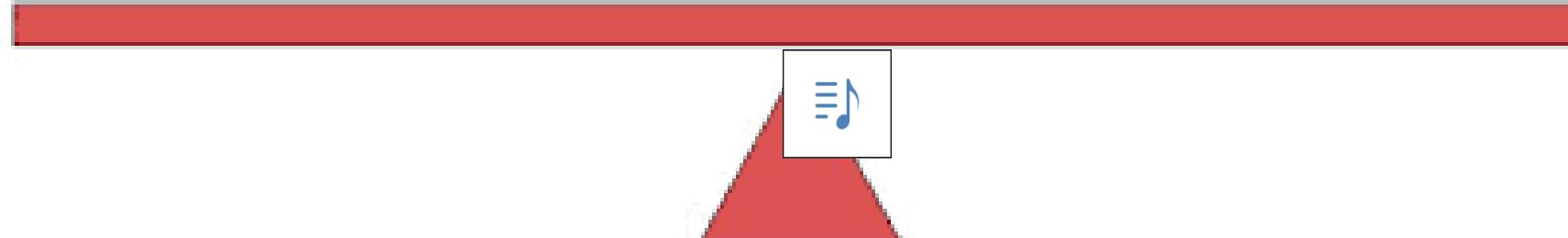
- NO exotoxin... NO endotoxin
- MQ infection[] phagosome[] mycolic acid inhibits its fusion with lysosomes[] the organism escapes the degrading lysosomal enzymes[] Intracellular survival.



**Infection**

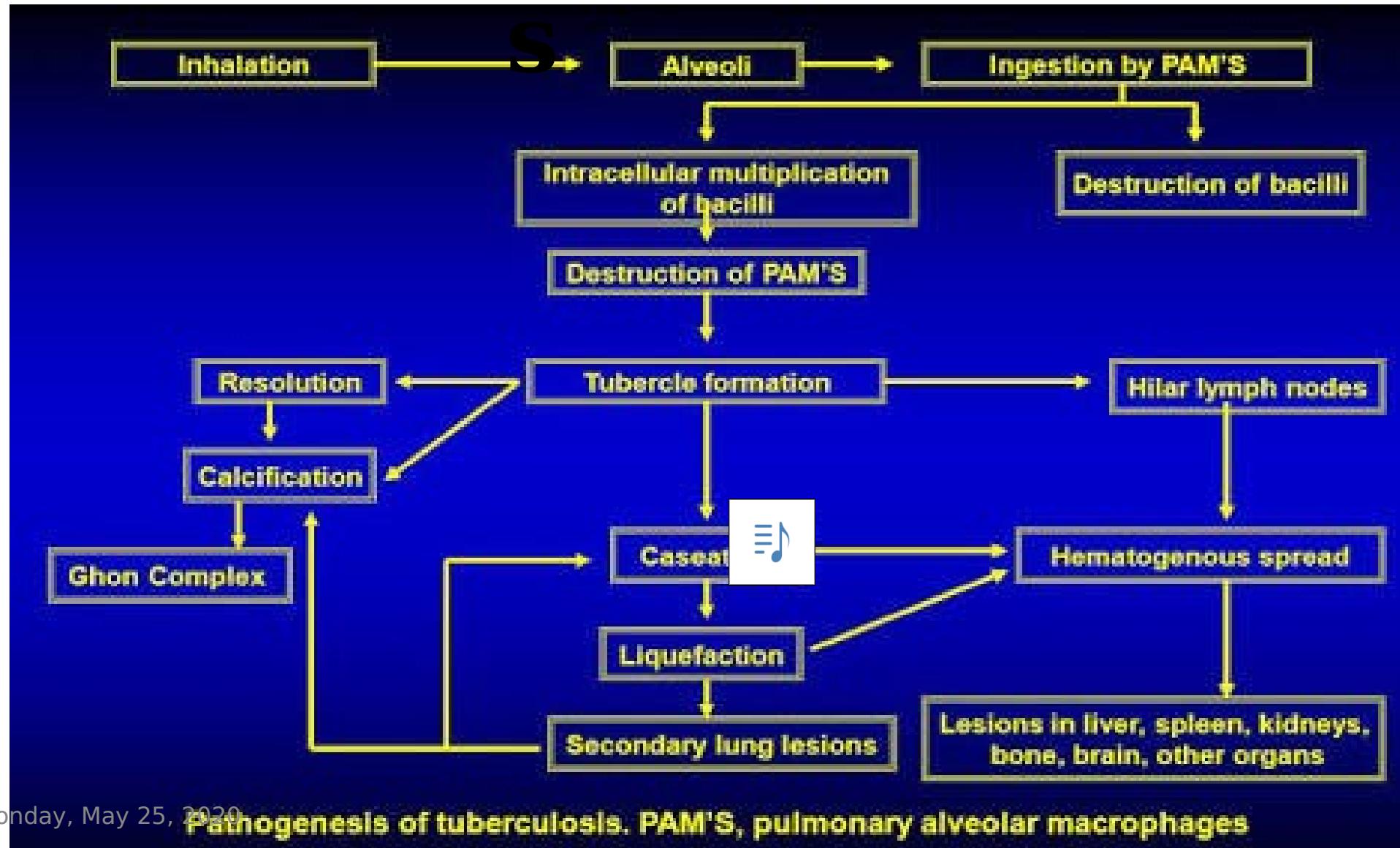


**Immunity**





# Pathogenesis



# Pathogenesi



Spread of the organism **S**m within the body occurs by two ways:

Tubercle erodes into a bronchus, empties its caseous contents  to other parts of the lungs, to the GIT if swallowed, and to other persons if expectorated

 Via the bloodstream to many internal organs if cell-mediated immunity fails to contain the initial infection or at a late stage if a person becomes immuno-compromised

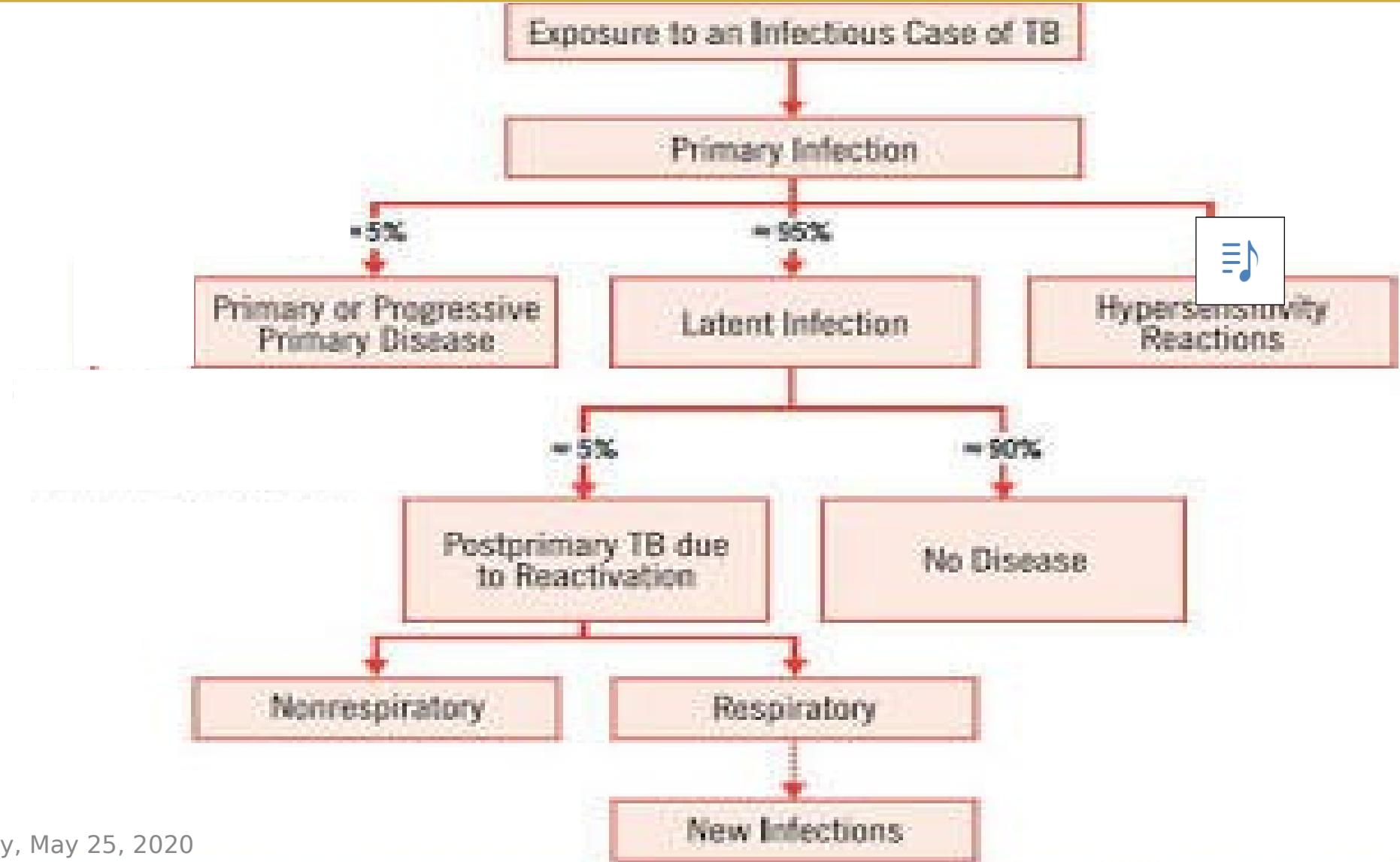
# Immunity and Hypersensitivity



- After recovery from the primary infection, resistance to the organism is mediated by Th-1
- Circulating antibodies also form. Do they have a role in resistance??



# Clinical findings



# Clinical findings



- Asymptomatic: Latent infection...
- Generally: fever, night sweating, weight loss
- Pulmonary: cough, expectoration.. Hemoptysis??
- Extrapulmonary: lymphadenitis (most common), erythema nodosum



# Clinical findings

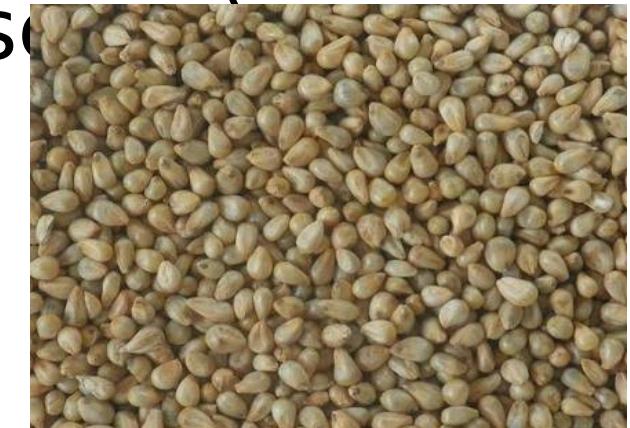


- GIT: abdominal pain and diarrhea, intestinal obstruction or hemorrhage may occur.
  - Oropharyngeal tuberculosis: painless ulcer + lymphadenopathy

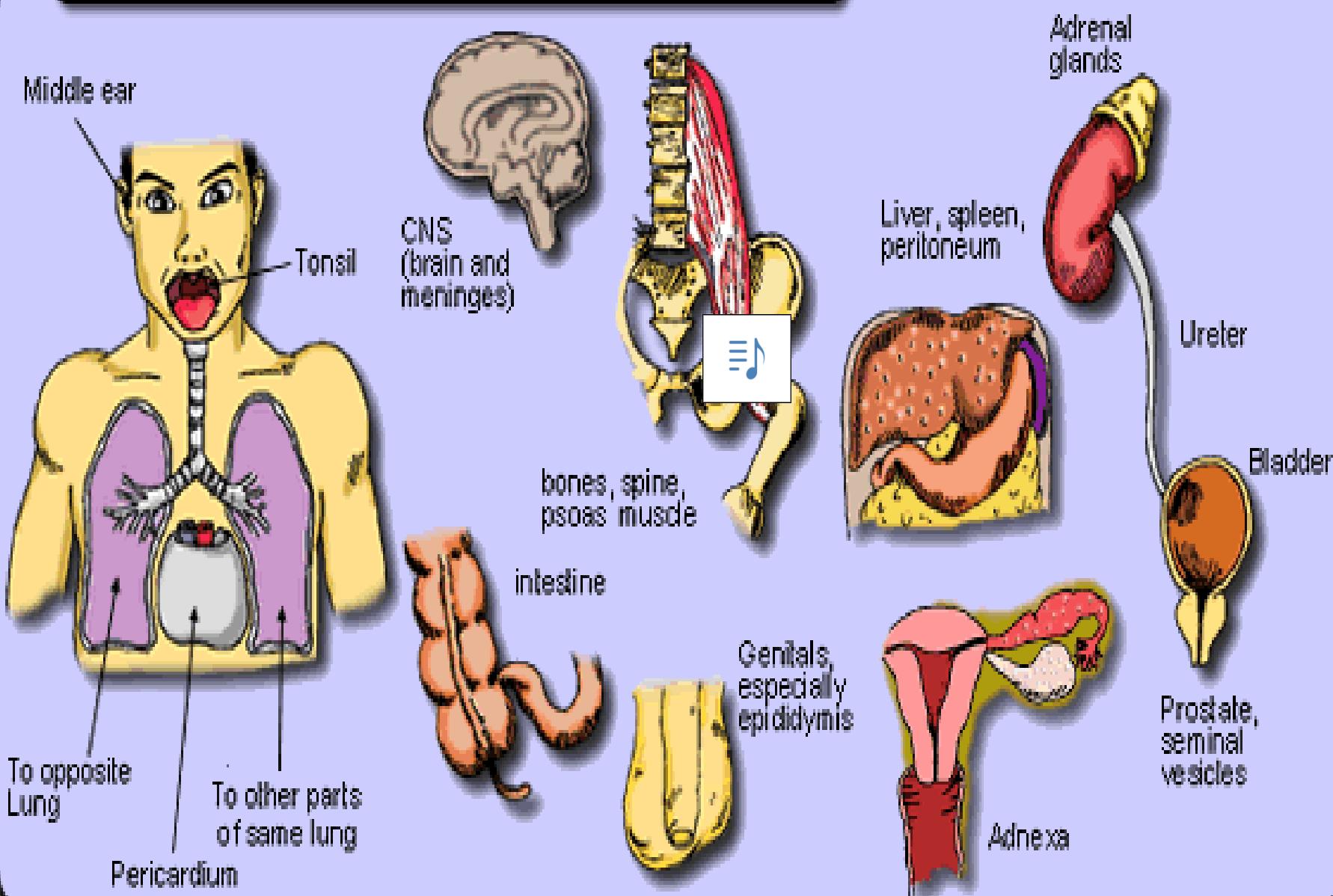


# Clinical findings

- Renal tuberculosis: mostly reactivation lesions □ dysuria, hematuria, and flank pain occur. **“Sterile pyuria”** is a characteristic finding????
- Miliary T.B.: multiple disseminated lesions resembling millet seeds □  
Tuberculous meningitis and tuberculous osteomyelitis, specially vertebral osteomyelitis (Pott's disease) are important disseminated forms.



# Tuberculosis Affects Many Parts of the Body



# Laboratory Diagnosis



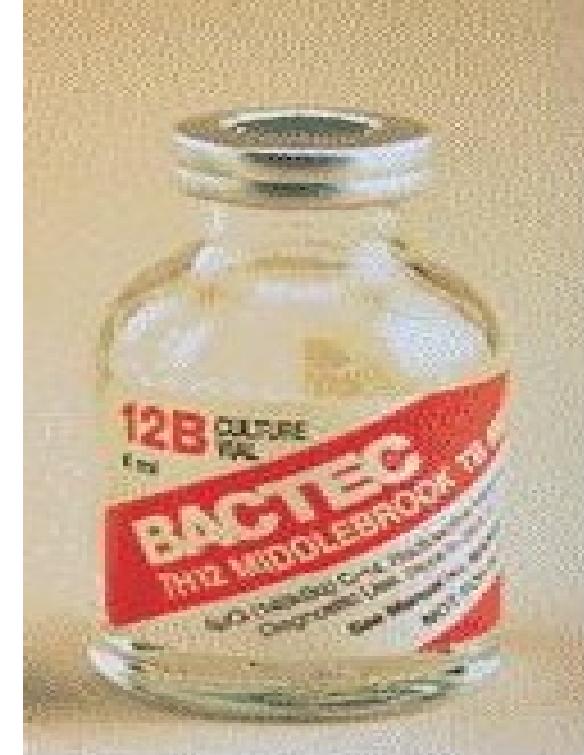
- 1- Acid fast staining of sputum or other specimens by **ZN** stain
- 2- Isolation and identification: culture is performed on L.J. medium  incubated for up to **8 weeks**
  - In liquid BACTEC medium, radioactive metabolites are present, and growth can be detected by the production of radioactive carbon dioxide in about **2 weeks**.  
**OBSOLETE**
- 3- PCR and nucleic acid amplification techniques: detect the presence of *M. tuberculosis* directly in clinical specimens



Specimen containing TB

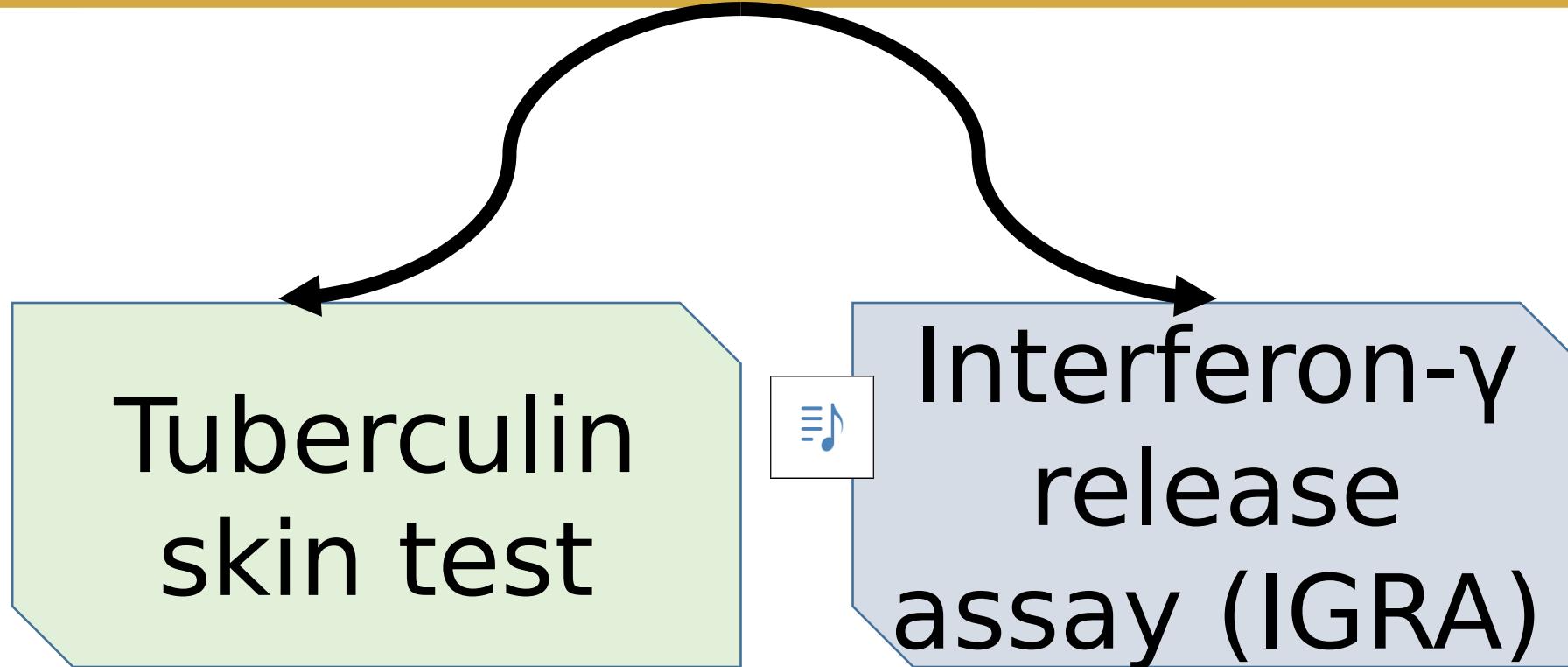


Utilize  $^{14}\text{C}$  labeled palmitic as  
a single carbon source



Radioactive  
 $\text{CO}_2$

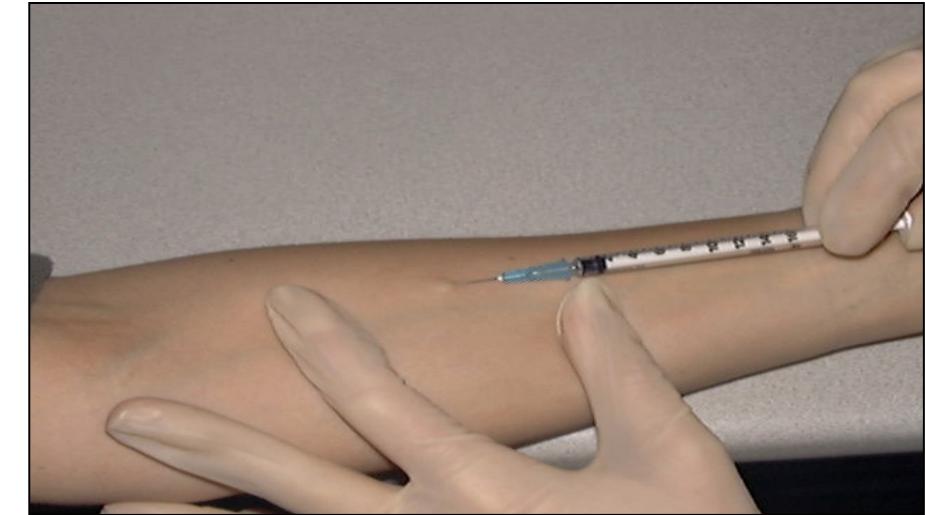
# Laboratory Diagnosis of Latent T.B.





# Tuberculin skin test

Purified protein derivative (PPD) is the antigen used<sup>1</sup> injected intra-dermally<sup>2</sup> delayed hypersensitivity reaction within 72 hours<sup>3</sup> induration surrounding the test site<sup>4</sup> measuring its diameter which depends on the status of the individual being tested





# Tuberculin skin test

- The test is considered positive when the diameter is:

15 mm or more

- In a person who has no known risk factors

10 mm or more

- In a person with high-risk factors, (homeless person, intravenous drug users, medical staff.)



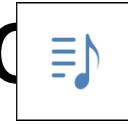
5 mm or more

- In a person who has deficient cell-mediated immunity (e.g. AIDS patients) or close contact with a person with active tuberculosis

# Tuberculin skin test



- A positive skin test result indicates previous exposure to the organism but not necessarily active disease.
- The tuberculin test becomes positive 4 to 6 weeks after infection



# Interferon- $\gamma$ release assay (IGRA)



Blood cells from the patient are exposed to antigens from *M. tuberculosis* (in vitro test)

\*\*This antigen is NOT PRESENT in BCG



Amount of interferon- $\gamma$  released from the cells is measured



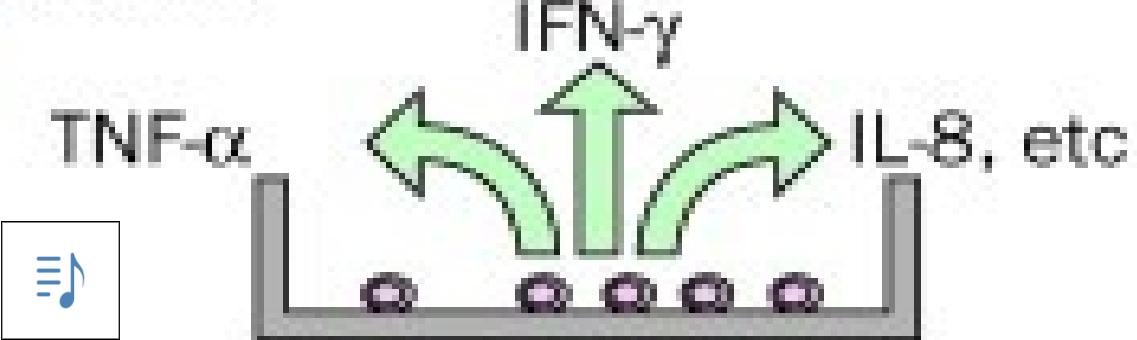
Advantages??

## Measurement of induration and erythema



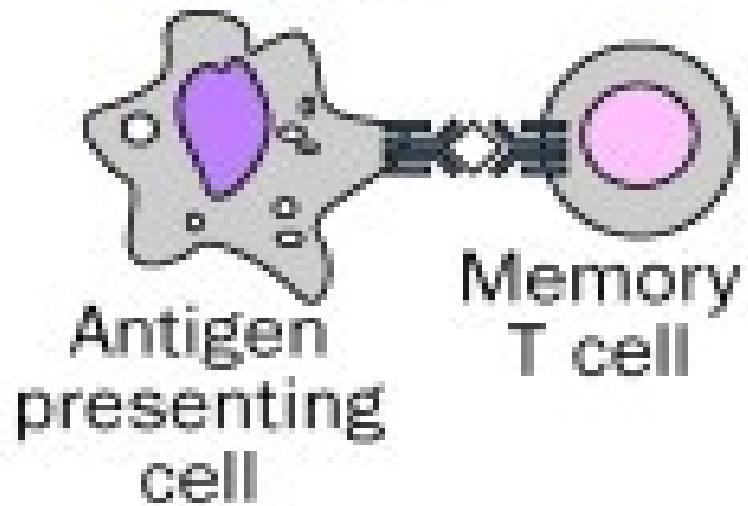
↑  
Skin test

in-vitro  
blood test



Measurement of IFN- $\gamma$   
production

## Presentation of mycobacterial antigens



# Emergence of T.B.



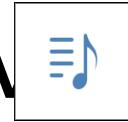
- Tuberculosis emerging today as a leading infectious killer of youth and adult all over the world:
  - 1- Increased incidence of HIV infection.
  - 2-Emergence of MDR strains.
  - 3- A horizontal line with an arrow pointing to a small square containing a blue speaker icon, indicating a audio recording.



# Prevention of T.B.



1- BCG vaccine: induces partial resistance to tuberculosis. **Does not** prevent disease. Prevents mortality in children under 5 years of age.

The vaccine contains a strain of live-attenuated *M. bov* called **Bacillus Calmette-Guérin**.

- Effectiveness ranges from 0% to 70%.



2- Pasteurization of milk prevents intestinal T.B.

3- To prevent spread to medical personnel, other patients and the environment: Airborne isolation precautions

4- Tuberculin skin test to detect recent converters in: people with HIV infection, close contacts of patients with active tuberculosis, alcoholics and intravenous drug users. HCWs exposed to patients